



Lunch Prices
Paid: \$2.95

Adult: \$4.00

~All breads are Whole Grain (WG) and delivered fresh daily~

~Chicken is whole muscle~

~Milk is hormone and antibiotic free~

Available Every Day:

Sun butter & Jelly on WG bread w/ 2 cheese sticks WG Bagel served with a cheese stick and yogurt Turkey & Cheese on WG bread

All meals **MUST** include a fruit *and/or* vegetable and may include: 1% low-fat milk or Skim Chocolate Milk



	antibiotic free~			All salads can be made vegetarian		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Baked Ziti Garlic Bread Roasted Cauliflower	30 Crispy Chicken Tacos Yellow WG Rice Steamed Carrots	Honey Stung Chicken WG Dinner Roll Steamed Broccoli & Baked Beans	2 Mini Blueberry Waffles Turkey Sausage Baked Tator Tots	Cheese Pizza Pepperoni Pizza Sweet Potato Fries	
	Weekly Specials: Meat	ball Parmesan Grinder o	n WG Roll Apple Cir	namon Smoothie w/ Ch	eese stick & Soft Pretzel	
	Penne Pasta Bar Marinara, Meat Sauce, or Parsley Butter Breadstick Green Beans	7 Beef Nachos Santa Fe Rice Black Bean & Tomato Salad	8 BBQ Chicken WG Biscuit Corn on the Cob	9 WG Chicken Tenders & WG Dinner Roll Roasted Broccoli	Cheese Stuffed Breadsticks w/ Marinara Sauce Pepperoni Pizza Steamed Carrots	
	Weekly Specials: Bean	& Cheese Quesadilla		Chicken Caesar Sal	ad w/ WG Dinner Roll	
	Mac & Cheese Breadstick Steamed Green Beans	14 Chicken Fajita Tomato Salsa & Guacamole Campfire Pinto Beans	Chicken & Vegetable Dumplings Asian Seasoned WG Rice Steamed Carrots	16 Confetti Pancakes Turkey Sausage Baked Tator Tots	Cheese Pizza Meatball Pizza Caesar Salad	
	Weekly Specials: Hamburger/Cheeseburger on WG Roll			Blueberry Parfait w/ 0	ranola & Cheese Stick	
	Spaghetti & Meatballs Garlic Bread Roasted Green Beans	21 Twin Soft Beef Taco Kickin' Beans	22 Sweet & Sour Chicken & WG Rice Bowl Steamed Broccoli	BBQ Chicken & 23 Cheddar Cheese topped Baked Potato WG Biscuit Roasted Carrots	Cheese Pizza Pepperoni Pizza Baked French Fries	
L	Weekly Specials: Grilled	Cheese Melt		Turkey Chef Salad v	// WG Dinner Roll	
	Memorial ²⁷ Day NO SCHOOL	28 Chicken Nacho Yellow WG Rice Black Bean & Tomato Salad	Hamburger or Cheeseburger French Fries Caesar Salad	30 French Toast Sticks Turkey Sausage Baked Tator Tots	Cheese Pizza BBQ Chicken Pizza Steamed Carrots	
	Weekly Specials: Turke	y Sausage, Egg & Chees	e on a WG Biscuit	Strawberry Parfait w/ 0	Granola & Cheese Stick	