



# RIDGEFIELD HIGH SCHOOL LUNCH MENU

April 1<sup>st</sup> – April 5<sup>th</sup>

Powering potential.	MON	TUES	WED	THURS	FRI
Center Plate	Chicken Dumplings With Fried Rice & Stir Fry Veggies	Nacho Bowl With Fritos or Corn Tortilla Chips, Lettuce, Tomato, Salsa, Jalapeno & , Sour Cream		Buffalo Chicken Mac & Cheese With Seasoned Green Beans	Meatloaf With Garlic Mashed Potato & Buttered Corn
Grill	Chicken & Cheese Quesadilla	Spicy Tzatziki Beef Gyro	Cuban Waffle Sandwich	Ham & Swiss Panini with Chipotle Mayo	Grilled Cheese w/ Tomato
Deli Special	Turkey BLT Club	Turkey BLT Club	Turkey BLT Club	Turkey BLT Club	Turkey BLT Club
Test Kitchen	Asian Rice Bowl With Choice Of Toppings	Asian Rice Bowl With Choice Of Toppings	Asian Rice Bowl With Choice Of Toppings	Asian Rice Bowl With Choice Of Toppings	Asian Rice Bowl With Choice Of Toppings
Pizza	Sausage & Pepper Pizza	Sausage & Pepper Pizza	Sausage & Pepper Pizza	Sausage & Pepper Pizza	Sausage & Pepper Pizza

#### Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

<u>FULL SALAD BAR</u> WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers





# RIDGEFIELD HIGH SCHOOL LUNCH MENU

April 8<sup>th</sup> – April 12<sup>th</sup>

Powering potential.	MON	TUES	WED	THURS	FRI
Center Plate	Pasta Primavera With Alfredo Or Marinara Sauce	Pork Carnitas Tacos Mexican Street Corn	Rigatoni With Broccoli Rabe & Sausage, Garlic Bread, & Marinara Sauce	Sweet & Sour Chicken Fried Rice Cabbage & Carrots	Early Dismissal Breakfast Only
Grill	Chicken & Cheese Quesadilla	Grilled Turkey Reuben	Chicken Parmesan	Jalapeno Bacon Cheeseburger on Pretzel Roll	Early Dismissal Breakfast Only
Deli Special	Turkey Avocado Bacon Club	Turkey Avocado Bacon Club	Turkey Avocado Bacon Club	Turkey Avocado Bacon Club	Early Dismissal Breakfast Only
Test Kitchen	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Early Dismissal Breakfast Only
Pizza	Salad Pizza	Salad Pizza	Salad Pizza	Salad Pizza	Early Dismissal Breakfast Only

#### Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

<u>FULL SALAD BAR</u> WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers





# RIDGEFIELD HIGH SCHOOL LUNCH MENU

April 15<sup>th</sup> – April 19<sup>th</sup>

Powering potential.

Center Plate

Grill

Deli Special

FRI

SPRING RECESS

Test Kitchen

Pizza

SCHOOL CLOSED

#### Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

<u>FULL SALAD BAR</u> WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers





### RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

April 22<sup>nd</sup> – April 26<sup>th</sup>

Powering
potential.

### Center Plate

Grill

Deli Special

Test Kitchen

Pizza

MON .	TUES
-------	------

Meatballs

Garlic Bread

Chicken & Cheese

Quesadilla

Apple & Grape

Waldorf Chicken

Salad Sandwich

Ramen Noodle Bar

Pizza Bagels

Cheese & Pepperoni

Spaghetti & Hand Made Sauteed Mixed Veggies

With Refried Beans & Rice

Loaded Beef Enchiladas

**BBQ** Pulled Pork With Cheddar Cheese

Apple & Grape Waldorf Chicken Salad

Sandwich

Ramen Noodle Bar

Pizza Bagels

Cheese & Pepperoni

Pizza Bagels Cheese & Pepperoni

**WED** 

Spicy Chicken "Po Boy"

With Tater Tots & Cole

Slaw On Club Roll

Philly Cheese Steak With

Sautéed Onions

Apple & Grape Waldorf

Chicken Salad

Sandwich

Ramen Noodle Bar

Cabbage & Carrots

Pork & Veggie Lo Mein

With

**THURS** 

Chipotle Chicken & Cheddar Chees & Rice Burrito

Apple & Grape Waldorf Chicken Salad Sandwich

Ramen Noodle Bar

Pizza Bagels Cheese & Pepperoni FRI

**BBQ** Chicken

Roasted Potatoes & Corn on the Cob

Grilled Cheese w/ Chicken Noodle

Apple & Grape Waldorf Chicken Salad Sandwich

Omelet Bar

Pizza Bagels Cheese & Pepperoni

#### Menus are subject to change.

Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

**DELI:** Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

**FULL SALAD BAR** WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers







## April/May 2024

### RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

April 29th - May 3rd

FRI

Poweri	ng
potent	ial.

	<b>-</b> 1	
enter	Plate	

Grill

Deli Special

Test Kitchen

Pizza

MON	TUES

Bacon & Onion Perogies

With Carrots & Peas

Chicken & Cheese

Quesadilla

Fresh Mozzarella &

Tomato With Pesto

Mayo On Ciabatta

Pizza

Double Taco Tuesday with rice & Black Beans

Beef Gyro With Tzatziki

Fresh Mozzarella & Tomato With Pesto Mayo On Ciabatta

Boneless Wing Bar Boneless Wing Bar BBQ or BBO or Buffalo With Buffalo With Tater Tots & Tater Tots & Celery Celery Sticks

Sticks "Meat Lover's" Bacon. "Meat Lover's" Bacon, Meatball, Sausage, & Meatball, Sausage, & Pepperoni

Pepperoni Pizza

**WED** 

Chicken Franchise Roasted Red Potatoes & Garlic Green Beans

NY Chopped Cheese Club

Fresh Mozzarella & Tomato With Pesto Mayo On Ciabatta

Boneless Wing Bar BBQ or Buffalo With Tater Tots & Celery Sticks

"Meat Lover's" Bacon, Meatball, Sausage, & Pepperoni

Pizza

**THURS** 

Tempura Chicken With Orange Sauce, Brown Rice, & Asian Veggies

& Cheddar Panini

Fresh Mozzarella &

Tomato With Pesto

Mavo On Ciabatta

Boneless Wing Bar BBQ

or Buffalo With Tater

Tots & Celery Sticks

"Meat Lover's" Bacon.

Meatball, Sausage, &

Pepperoni

Pizza

Sauce & Fresh Broccoli Rabe & Roasted Tomato **BBO** Grilled Chicken

Grilled Cheese w/ Chicken Noodle Soup

Fusilli Pasta With Pesto

Fresh Mozzarella & Tomato With Pesto Mayo On Ciabatta

Omelet Bar

"Meat Lover's" Bacon. Meatball, Sausage, & Pepperoni

#### Menus are subject to change.



GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

**FULL SALAD BAR** WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers

