

Ridgefield Elementary Schools LUNCH MENU December 2022



5 WG Pasta in marinara sauce
w/ Cheesy Garlic Bread
Roasted Red Peppers &
Green Beans
Fresh Fruit
Hormone Free Milk

6 Chicken Quesadilla
BBQ Black Beans
Fresh Fruit
Hormone Free Milk

7 Hamburger or
Cheeseburger on WG Bun
Oven Baked French Fries
Pickles
Fresh Fruit
Hormone Free Milk

8 Early Dismissal
Bagel or
Sunbutter & Jelly Fun Lunch
Baby Carrots
Fresh Fruit
Hormone Free Milk

9 Cheese **Or** Pepperoni
Pizza
Garden Salad
Fresh Fruit

Weekly Features Hot: Ham & Cheese Melt
Cold: Chicken Fajita Nacho Salad

12 Chicken Penne Alfredo
Roasted Broccoli
Fresh Fruit
Hormone Free Milk

13 Twin Tacos
Santa Fe Brown Rice &
Seasoned Corn
Fresh Fruit
Hormone Free Milk

14 BBQ Chicken Breast
Cornbread
Baked Beans
Fresh Fruit
Hormone Free Milk

15 Pancakes w/ Syrup,
Turkey Sausage Link
Sweet Potato Puffs
Hormone Free Milk

16 Cheese or Veggie Pizza
Garden Salad
Fresh Fruit
Hormone Free Milk

Weekly Features Hot: Baked Potato
Cold: Berry Yogurt Parfait with Granola

19 BBQ Meatballs
Egg Noodles
Steamed Spinach
Fresh Fruit
Hormone Free Milk

20 Beef Nachos w/Lettuce,
tomato, & cheese
Kickin' Pinto Beans & Corn
Fresh Fruit & Hormone Free
Milk

21 WG Pasta w/ Marinara
Garlic Bread
Roasted Green Beans &
Carrots
Fresh Fruit
Hormone Free Milk

22 Early Dismissal
Bagel OR SunButter &
Jelly Fun Lunch
Fresh Fruit
Hormone Free Milk

23 **WINTER RECESS**
SCHOOL CLOSED

Weekly Features Hot: Baked Chicken Tenders
Cold: Turkey & Cheese Sandwich

26 **WINTER RECESS**
SCHOOL CLOSED

27 **WINTER RECESS**
SCHOOL CLOSED

28 **WINTER RECESS**
SCHOOL CLOSED

29 **WINTER RECESS**

30 **WINTER RECESS**
SCHOOL CLOSED

**All Lunches Must
Include Choice of:**

Fruits and
100% Juice
*(Juice available only
Tuesday & Thursdays)*

**And / or
Vegetables**

And May Include:

Skim, 1% Low-Fat
Milk, or Skim
Chocolate Milk
Hormone Free

**SunButter Sandwich
and Bagel Fun Lunch
served daily**

**Menus are subject
to change.**

**Student Lunch
Is Free w/fruit
and/or veggie!
Adult Lunch
\$4.00**