



December 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

December 4th-December 8th

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

	MON	TUES	WED	THURS	FRI
Center Plate	Tri Colored Tortellini Marinara or Alfredo Meatballs & Roasted Broccoli	Chicken Parmesan with Pasta & Roasted Green Beans	Chicken Dumplings With Noodles & Sautéed Cabbage & carrots	*Texas* French Toast Sausage Links & Home Fries	Spaghetti & Meatballs With Fresh Marinara Sauce Sautéed Broccoli Rabe & Garlic Bread
Grill	Chicken & Cheese Quesadilla	Reuben :Corned Beef Sauerkraut, Melted Swiss & 1,000 Isl Dressing on Rye Bread	Turkey Burger With Dried Cranberries Fetta Lettuce & Tomato	Beef Gyro Lettuce Tomato Red Onion & Tzatziki Sauce	Grilled Cheese & Cup Of Tomato Soup
Deli Special	Virginia Ham Sliced Swiss Cheese, Lettuce, Tomato, & Red Onion On Ciabatta Roll	Virginia Ham Sliced Swiss Cheese, Lettuce, Tomato, & Red Onion On Ciabatta Roll	Virginia Ham Sliced Swiss Cheese, Lettuce, Tomato, & Red Onion On Ciabatta Roll	Virginia Ham Sliced Swiss Cheese, Lettuce, Tomato, & Red Onion On Ciabatta Roll	Virginia Ham Sliced Swiss Cheese, Lettuce, Tomato, & Red Onion On Ciabatta Roll
Weekly: Action Station	Mac –n- Cheese Bar	Cheddar Cheese Sauce	Toppings: Broccoli, Grilled Chicken, Bacon, Peas, Meatballs	Made Fresh To Order	Made Fresh To Order
PIZZA	Cheese, Pepperoni Margarita: Fresh Mozzarella, Roma Tomatoes & Basil	Cheese, Pepperoni Margarita: Fresh Mozzarella, Roma Tomatoes & Basil	Cheese, Pepperoni Margarita: Fresh Mozzarella, Roma Tomatoes & Basil	Cheese, Pepperoni Margarita: Fresh Mozzarella, Roma Tomatoes & Basil	Cheese, Pepperoni Margarita: Fresh Mozzarella, Roma Tomatoes & Basil

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza
Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers



This institution is an equal
opportunity providers





December 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

December 11th-December 15th

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

MON	TUES	WED	THURS	FRI
Buffalo Chicken Mac – n- Cheese Sautéed Mix Vegetables	Baked Manicotti With Meatballs, Broccoli & Garlic Toast	Gen Tso's Tempura Chicken Fries Rice & Asian Seasoned Peas & Carrots	“Texas” French Toast Sausage Links & Home Fries	Meat & Cheese Lasagna , Broccoli With Garlick Butter & Garlic Bread
Chicken & Cheese Quesadilla	Pulled BBQ Pork On Brioche Roll with Cheddar Cheese	B.L.T. on Toasted Whole Wheat Bread	N.Y.C. Special “Chopped Cheese Sandwich With Sautéed Onions	Grilled Cheese & Tomato With Chicken Noodle Soup
Seafood Salad On Multigrain Bread With Pickles	Seafood Salad On Multigrain Bread With Pickles	Seafood Salad On Multigrain Bread With Pickles	Seafood Salad On Multigrain Bread With Pickles	Seafood Salad On Multigrain Bread With Pickles
Ramen Noodle Bar: Egg Noodles or Rice Noodles	SAUCE: Spicy Thai Chili, Teriyaki, House Soy, Sweet (Tiger) Sauce	Protein: Chicken, Tofu, Edamame	Veggies: Broccoli, Carrots, Peas, Onions, Baby Corn	Omelet Bar Ham, Bacon, Sausage, Cheddar, Swiss, Tomato, Onion, Spinach, Broccoli, Crispy Potato
Cheese, Pepperoni Sausage & Jalapeno Peppers	Cheese, Pepperoni Sausage & Jalapeno Peppers	Cheese, Pepperoni Sausage & Jalapeno Peppers	Cheese, Pepperoni Sausage & Jalapeno Peppers	Cheese, Pepperoni Sausage & Jalapeno Peppers

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza
Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers





December 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

December 18-December 22nd

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

MON	TUES	WED	THURS	FRI
Crispy Chicken Fingers Waffle Fries Broccoli With Garlic	Beef Nachos & Seasoned Rice With Black Beans ,Corn, & Salsa	Teriyaki Chicken & Asian Stir Fry Vegetables With Fried Rice	Crispy Southern Style Chicken With Corn Bread & Buttered Green Beans t	Closed
Chicken & Cheese Quesadilla	Monte Crisco* Ham, Swiss, on Battered Texas Toast & Garlic Aioli	Turkey Reuben on Rye With Melted Swiss, Sauerkraut & 1,000Isl Dressing	Double Cheeseburger Bar: Two Burger Patty's On Brioche With Choice Of Toppings	Closed
Italian Tuna Salad: Peppers, Red Onion, Fresh Parsley, tossed with a light Italian Dressing	Italian Tuna Salad: Peppers, Red Onion, Fresh Parsley, tossed with a light Italian Dressing	Italian Tuna Salad: Peppers, Red Onion, Fresh Parsley, tossed with a light Italian Dressing	Italian Tuna Salad: Peppers, Red Onion, Fresh Parsley, tossed with a light Italian Dressing	Closed
Belgium Waffle Bar	*Fruit Toppings: Blueberry's, Strawberries, Pineapple, Sliced Banana	Butter & Syrup Available	Omelet Bar Ham, Bacon, Sausage, Cheddar, Swiss, Tomato, Onion, Spinach, Broccoli, Crispy Potato	Closed
Cheese, Pepperoni Buffalo Chicken	Cheese, Pepperoni Buffalo Chicken	Cheese, Pepperoni Buffalo Chicken	Cheese, Pepperoni Buffalo Chicken	Closed

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza

Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers



This institution is an equal
opportunity providers





January 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

January 1st-January 5th

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

MON	TUES	WED	THURS	FRI
*Closed	Ravioli With Meat Sauce, Broccoli With Garlick Butter & Garlic Bread	Chicken & Vegetable Dumplings, Teriyaki Sauce, Brown Rice, Asian Seasoned Peas & Carrots	Belgian Waffles Sausage Patty & A Hash Brown	Fresh Baked Meatloaf With Buttered Corn, Mashed Potatoes & Cornbread
*Closed	Breaded Chicken Parmesan With Melted Provolone & Fresh Marinara Sauce	Pancake Bar: Fruit Toppings Banana, Strawberry, Blueberry	Herb Grilled Chicken With Melted Cheddar & Spicy Mayo On Brioche	Grilled Cheese & Ham With Tomato Soup
*Closed	Italian Combo On Club Roll	Italian Combo On Club Roll	Italian Combo On Club Roll	Italian Combo On Club Roll
*Closed	Ramen Noodle Bar: Egg Noodles or Rice Noodles	SAUCE: Spicy Thai Chili, Teriyaki, House Soy, Sweet (Tiger) Sauce	Toppings: Chicken, Tofu, Edamame Broccoli, Carrots, Peas, Onions, Baby Corn	Omelet Bar Ham, Bacon, Sausage, Cheddar, Swiss, Tomato, Onion, Spinach, Broccoli, Crispy Potato
*Closed	Cheese, Pepperoni BBQ Chicken & Cheddar	Cheese, Pepperoni BBQ Chicken & Cheddar	Cheese, Pepperoni BBQ Chicken & Cheddar	Cheese, Pepperoni BBQ Chicken & Cheddar

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza

Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers





January 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

January 8th-January 12th

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

MON	TUES	WED	THURS	FRI
BBQ Pulled Pork With Crispy Onions, Broccoli & Slider Rolls	Chicken Nachos With Seasoned Black Beans Corn Salsa	Sweet & Sour Chicken, Pork Fried Rice & Sautéed Napa Cabbage & Carrots	Texas French Toast Sausage Links & Hash Browns	Bacon BBQ Meatloaf With Mashed Potato & Roasted Kale
Chicken & Cheese Quesadilla	Turkey Burger On Pita Bread, Feta Cheese, Cucumbers & Dried Cranberries	Beef Gyro Lettuce Tomato Red Onion & Tzatziki Sauce	Pesto Parmesan Grilled Chicken With Melted Mozzarella on Brioche	Grilled Cheese & Tomato With Chicken Noodle Soup
Diced Apple, Celery, Dried Cranberry, Sour Cream, & Mayonnaise Creamy Chicken Salad on Whole Wheat Bread	* Diced Apple, Celery, Dried Cranberry, Sour Cream, & Mayonnaise Creamy Chicken Salad on Whole Wheat Bread	Diced Apple, Celery, Dried Cranberry, Sour Cream, & Mayonnaise Creamy Chicken Salad on Whole Wheat Bread	* Diced Apple, Celery, Dried Cranberry, Sour Cream, & Mayonnaise Creamy Chicken Salad on Whole Wheat Bread	Diced Apple, Celery, Dried Cranberry, Sour Cream, & Mayonnaise Creamy Chicken Salad on Whole Wheat Bread
Pasta Bar: Rigatoni	Fresh Marinara Sauce Alfredo Sauce Meat Sauce	Meatballs, Grilled Chicken, Sausage	Veggies: Broccoli, Peas, Onions,	Omelet Bar Ham, Bacon, Sausage, Cheddar, Swiss, Tomato, Onion, Spinach, Broccoli, Crispy Potato
Cheese, Pepperoni Fresh Mozzarella & Tomato	Cheese, Pepperoni Fresh Mozzarella & Tomato	Cheese, Pepperoni Fresh Mozzarella & Tomato	Cheese, Pepperoni Fresh Mozzarella & Tomato	Cheese, Pepperoni Fresh Mozzarella & Tomato

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza
Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers





January 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

January 15th-January 19th

Powering
potential.

Center Plate

Grill

Deli Special

Weekly: Action
Station

PIZZA

MON	TUES	WED	THURS	FRI
*Closed	Chicken Parmesan with Pasta & Roasted Green Beans	Belgian Waffles Sausage Patty & Breakfast Potatoes	**Closed	Spaghetti & Meatballs With Fresh Marinara Sauce Sautéed Broccoli Rabe & Garlic Bread
*Closed	Philly Cheese Steak Caramelized Onion on Club Roll	Jalapeno Balsamic Bacon Jam Cheeseburger Bar	*Closed	Grilled Cheese & Cup Of Tomato Soup
*Closed	Corned Beef & Swiss Cheese On Rye Bread With Mustard	Corned Beef & Swiss Cheese On Rye Bread With Mustard	*Closed	Corned Beef & Swiss Cheese On Rye Bread With Mustard
*Closed	*Loaded Potato Bar* Featuring: Twice Baked Potatoes	Toppings: Broccoli, BBQ Chicken, Chili, Roasted Corn, Onions, Bacon	*Closed	Omelet Bar Ham, Bacon, Sausage, Cheddar, Swiss, Tomato, Onion, , Broccoli, Crispy Potato
*Closed	Cheese, Pepperoni Baked Ziti Pizza	Cheese, Pepperoni Baked Ziti Pizza	*Closed	Cheese, Pepperoni Baked Ziti Pizza

Menus are subject to change.

Offered Daily:

Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger,
Chicken Patty Sandwich
Veggie Burger (upon request)

Daily Pizza
Cheese Or Pepperoni

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American Cheese,
Tuna, Chicken Salad,
Lettuce, Tomato, Pickle,
Red Onion, Jalapeno &
Banana Peppers

aramark
STUDENT
NUTRITION

This institution is an equal
opportunity providers

