



February 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

February 6th- February 10th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Veggie Burger	Chicken Parmesan Sandwich	Sausage and Peppers	Pastrami Reuben	Fish Tacos
CENTER PLATE	Penne Pasta w/ sauce of choice, breadstick peas & carrots	Nacho Station Choice of Topping	Asian Station Sweet and Sour Chicken Fried Rice	Roast Beef Mash Potatoes Veggies	Sausage & Peppers Broccoli Rabe & Rigatoni
EXPRESS	Italian Combo	Hummus & Veggie Wrap	Blacken Chicken Wrap	Roast Beef Coleslaw Lettuce	Greek Pita Pockets
TEST KITCHEN	Chicken Tikka Masala Rice & Veggies	Lentils Soup Crispy Onion Green Salad	Veggie Lasagna	Tomato Chicken Fried Rice w/ Veggie Roll	Eggplant Parmesan Roast Veggies
PIZZA	Roasted Veggie Pizza	Taco Pizza	Garlic Zoodles 3 Cheese Calzone	Hawaiian	Spinach White Pizza



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal opportunity providers



February 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

February 13th- February 17th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Chicken Bacon Lettuce Tomato	Veggie Burrito	Black Bean Burger	Buffalo Chicken	PD Day Breakfast Service Available
CENTER PLATE	Beef Lasagna Green Beans	Taco Station Rice & Toppings	Grilled Chicken Parm Pasta & Veggies	Mac & Cheese Station	Available
EXPRESS	Turkey Bacon Lettuce Tomato	Apple Cranberry Chicken Salad Wrap	Roast Beef creamy Cucumber & Onion	BLT	
TEST KITCHEN	Fish & Chips	Beef Stew Mash Potato & Veggies	Ham & Cheese Crepe Side Salad	Fagiola Pasta Side Salad	
PIZZA	Sausage & Peppers	Taco Pizza	3 Cheese Calzone	Steak & Onion	

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Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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February 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

February 20th – February 24th

Powering potential.

MON

TUES

WED

THURS

FRI

UNDER THE HOOD

Winter Break:
Classes Resume
February 27th

CENTER PLATE

EXPRESS



TEST KITCHEN

PIAZZA



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Daily Pizza
Cheese
With Topping

Make-Your-Own Salad Bar

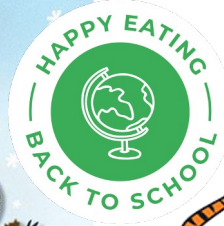
Daily Grill Items –
Hamburger, Cheeseburger

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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February 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

February 27th – March 3th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Pulled Pork Sandwich w/ Coleslaw	Garden Veggie Burger	Chicken Quesadilla	Grilled Cheese	Grilled Chicken BLT
CENTER PLATE	BBQ Station w/ Mac Cheese, Roasted Corn and Cornbread	Crusted Tilapia Rice & Veggies	Asian Station Sweet & Sour Chicken w/ Fried Rice	Penne Pasta Sauce of choice, Breadstick, and Peas & Carrots	Lemon Garlic Chicken Mash Potatoes Veggies
EXPRESS	Roasted Beef w/ Horseradish Mayo	Chicken Kale and Caesar Wrap	Italian Combo Sandwich	Buffalo Chicken Ranch Wrap	Cobb Wrap
TEST KITCHEN	Chicken Pot Pie Crepes	Nacho Station w/Topping of Choice	Alfredo & Peas Ravioli	Chicken Fry Rice Side Veggie Roll	Baked Ziti Side Salad
PIAZZA	Margarita Pizza	Meat Lovers' Pizza	Chicken Bacon Ranch Pizza	Roasted Veggie Pizza	Hawaiian Pizza

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Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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