



Jan/Feb 2024

RIDGEFIELD HIGH SCHOOL
LUNCH MENU

Jan 29th – Feb 2nd

Powering
potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Chicken Parmesan & Penne Pasta with Broccoli	Burrito Bowl Black Beans & Corn	Belgian Waffles, Sausage Patty & Hash browns	Chicken Dumplings Fried Rice & Stir Fry Veggies	Cheese Ravioli w/ Meat Sauce, Veggies & Garlic Bread
Grill	Chicken & Cheese Quesadilla	Beef Gyro	Cheeseburger with Bacon Jalapeno Jam	Grilled Chicken w/ Cheddar & Spicy Mayo	Grilled Cheese w/ Chicken Noodle
Deli Special	Italian Combo	Italian Combo	Italian Combo	Italian Combo	Italian Combo
Test Kitchen	Chicken Beef or Bean Nacho Bar	Chicken Beef or Bean Nacho Bar	Chicken Beef or Bean Nacho Bar	Chicken Beef or Bean Nacho Bar	Omelet Bar
Pizza	BBQ Chicken	BBQ Chicken	BBQ Chicken	BBQ Chicken	BBQ Chicken

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

All Breads are delivered fresh everyday

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Chicken is whole muscle

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Milk is hormone & antibiotic free

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All deli meats are Boar's Head



This institution is an equal opportunity providers





February 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Feb 5th – Feb 9th

Powering potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Oven Roasted Chicken Mashed Potatoes & Roasted Broccoli	Beef Soft Tacos Mexican Street Corn	Texas French Toast Sausage Links Hash Browns	Orange Chicken Fried Rice Cabbage & Carrots	BBQ Pulled Pork Roasted Vegetables & Garlic Bread
Grill	Chicken & Cheese Quesadilla	Philly Cheesesteak	Mediterranean Chicken Gyro	BBQ Grilled Chicken w/ Pepper jack	Grilled Cheese with Tomato Soup
Deli Special	Cranberry & Apple Chicken Salad on Ciabatta Roll	Cranberry & Apple Chicken Salad on Ciabatta Roll	Cranberry & Apple Chicken Salad on Ciabatta Roll	Cranberry & Apple Chicken Salad on Ciabatta Roll	Cranberry & Apple Chicken Salad on Ciabatta Roll
Test Kitchen	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Omelet Bar
Pizza	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS



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February 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Feb 12th – Feb 16th

Powering
potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Cheese Tortellini Sauteed Mixed Veggies Garlic Bread	Loaded Beef Burritos Black Beans & Rice	Belgian Waffles Sausage Links Hash Browns	Gen Tso Chicken & Vegetable Fried Rice Steamed Snow Peas	Early Dismissal
Grill	Chicken & Cheese Quesadilla	BBQ Pulled Pork With Pepper jack Cheese	Herbed Grilled Chicken & Provolone on Ciabatta	NYC Chopped Cheese w/ Sauteed Onions	
Deli Special	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	
Test Kitchen	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	No Lunch Served
Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza	

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS



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February 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Feb 19th – Feb 23rd

Powering potential.

	MON	TUES	WED	THURS	FRI
Center Plate			WI	WWINTER RECESS	
Grill					
Deli Special	WINTER RECESS				
Test Kitchen					
Pizza	SCHOOL CLOSED				

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS



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February / March 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Feb 26th – March 1st

Powering
potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Chicken Alfredo Sauteed Mixed Veggies Garlic Bread	Loaded Beef Nachos Black Beans	Baked Cheddar Cheese Egg Frittata Sausage Links	Chicken Lo Mein Cabbage & Carrots	BBQ Chicken Mashed Potatoes Broccoli & Carrots
Grill	Chicken & Cheese Quesadilla	Chicken Parmesan Melt with Provolone & Marinara	Philly Cheese Steak Club	Herbed Grilled Chicken & Provolone on Ciabatta	Grilled Cheese w/ Chicken Noodle Soup
Deli Special	Tuscan Chicken Salad On Multi Grain Bread	Tuscan Chicken Salad On Multi Grain Bread	Tuscan Chicken Salad On Multi Grain Bread	Tuscan Chicken Salad On Multi Grain Bread	Tuscan Chicken Salad On Multi Grain Bread
Test Kitchen	Twice Baked Potato Bar	Twice Baked Potato Bar	Twice Baked Potato Bar	Twice Baked Potato Bar	Omelet Bar
Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

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