



February 2024

MIDDLE SCHOOL LUNCH MENU

February 5th - February 9th

Powering potential.™

	MON	TUES	WED	THURS	FRI
ENTREE	Spaghetti & Beef Meatballs Garlic Bread Roasted Green Beans	Beef Nachos Mexican Brown Rice Chipotle Black Bean Salad	BBQ Pulled Pork Sandwich Corn on the Cob	Loaded Tater Tot Bar Beef Chili & Dinner Roll Roasted Carrots	Pancakes Turkey Bacon Hash Brown Patty
GRILL	Chicken Parmesan Sub	BBQ Pork Quesadilla	Chicken Bacon Ranch Sandwich	Hot Turkey Club	Chicken Patty Sandwich with Cheese
PIZZA	Hawaiian	Cheeseburger	Nacho	Pepperoni	Spinach & Feta
DELI	Tuna & Cheese Sub	Roasted Veggie Wrap	Italian Combo	Bacon, Lettuce & Tomato Sandwich	Chicken Salad Sub
SALAD	Apple Cinnamon Overnight Oats Cobb Salad	Apple Cinnamon Overnight Oats Chicken Caesar Salad	Apple Cinnamon Overnight Oats Garden Salad	Apple Cinnamon Overnight Oats Fajita Chicken Nacho Salad	Apple Cinnamon Overnight Oats Turkey Chef Salad

Menus are subject to change.

This institution is an equal opportunity provider.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese

DELI: Sunbutter & Jelly, Turkey & Cheddar Sandwich

SALAD: Garden Salad with & without chicken

Student Lunch: \$3.25

Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

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Chicken is whole muscle

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Milk is hormone & antibiotic free



February 2024

MIDDLE SCHOOL LUNCH MENU

February 12th - February 16th

EARLY DISMISSAL

Powering potential.™

	MON	TUES	WED	THURS	FRI
ENTREE	Macaroni & Cheese Romaine Garden Salad	Chicken Fajita on WG Tortilla Refried Beans	General Tso's Chicken WG Cilantro Rice Roasted Broccoli	Thai Sate Chicken Tender Rice Bowl Roasted Cauliflower	French Toast Sticks Turkey Sausage Breakfast Potatoes
GRILL	Cheese Quesadilla	Pizza Burger	Honey Mustard Chicken Sandwich	Stuffed Breadsticks	Roasted Vegetable Wrap
PIZZA	Chicken Parm	White w/ Broccoli	Pepperoni	BBQ Chicken	Veggie Pesto
DELI	Buffalo Chicken Wrap	Egg Salad Sandwich	Italian Sub	Asian Chicken Wrap	Turkey and Cheese Wrap
SALAD	Blueberry Banana Yogurt Smoothie Ham, Turkey Cobb Salad	Blueberry, Banana, yogurt Smoothie Egg Chef Salad	Blueberry, Banana, Yogurt Smoothies Chicken & Cheese Salad	Blueberry, Banana, Yogurt Smoothie Taco Salad	Blueberry, Banana Yogurt Smoothie Chicken Caesar Salad

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- PIZZA:** Cheese
- DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich
- SALAD:** Garden Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

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February 2024


MIDDLE SCHOOL

LUNCH MENU

February 19-February 23

FEBRUARY RECESS

Powering potential™

	MON	TUES	WED	THURS	FRI
			FEBRUARY RECESS		
ENTREE					
GRILL			NO SCHOOL		
PIZZA					
DELI					
SALAD					

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- PIZZA:** Cheese
- DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich
- SALAD:** Garden Salad with & without chicken

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February 2024

MIDDLE SCHOOL LUNCH MENU

February 26th - March 1st

Powering potential.™

ENTREE

GRILL

PIZZA

DELI

SALAD

	MON	TUES	WED	THURS	FRI
ENTREE	Pasta Bar Marinara, Bolognese, Alfredo Roasted Cauliflower	Soft Beef Taco's Campfire Pinto Beans	Chili and Rice Bowl Sweet Potato Tater Tot	Chicken Dumplings Sauté Kale	Mini Blueberry Waffles Turkey Sausage Hash Brown Patty
GRILL	Chicken Parmesan Sub	Grilled Ham and Cheese Melt	Chicken Tenders w/ WG Dinner Roll	Bacon Lettuce & Tomato	Pizza Bagel
PIZZA	Broccoli Pepper and Onion	Meatball	Breakfast	Spinach Feta	Pepperoni
DELI	Ham and Cheese	Chicken Salad Wrap	Roasted Vegetable and Hummus Wrap	Roast Veggie & Hummus Wrap	American Combo
SALAD	Strawberry Parfait Greek Meatball	Strawberry Parfait Vegetable, Cheese, Winter Fruit Plate	Strawberry Parfait Buffalo Chicken Ranch	Strawberry Parfait Chicken Nacho	Strawberry Parfait Egg Caesar

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SALAD: Garden Salad with & without chicken

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