



**Gluten Free Lunch Alternative**

<b>If the menued entree is.....</b>	<b>....these entrees will be available</b>
<b>Chicken Penne Alfredo</b>	<b>GF Noodles in Alfredo</b>
<b>Mac N Cheese</b>	<b>GF Noodle in Marinara</b>
<b>Beef Nachos</b>	<b>Naturally Gluten Free (*sub shredded cheddar cheese )</b>
<b>Quesadillas</b>	<b>Corn Tortilla Quesadilla</b>
<b>Twin Hard Shell Taco</b>	<b>Naturally Gluten Free</b>
<b>Twin Soft Shell</b>	<b>Twin Hard Shell Taco</b>
<b>Chicken and Veggie Dumpling with Rice</b>	<b>Chicken, Broccoli and Rice Bowl</b>
<b>Baked Chicken Tender</b>	<b>GF Chicken Tender</b>
<b>All Pizza</b>	<b>GF Pizza Crust</b>
<b>Cheese Stuffed Breadstick</b>	<b>GF Cheese Pizza</b>
<b>All Sandwich Entrees</b>	<b>Unbreaded on GF Bun (ex: a grilled chicken sandwich on gluten free Bun)</b>
<b>Breakfast for Lunch</b>	<b>GF Bagel or Muffin</b>
<b>Baked Potato Bar</b>	<b>Naturally Gluten Free</b>
<b>All Burger Entrees</b>	<b>on a GF Bun</b>
<b>Cheeseburger Roletto</b>	<b>Cheeseburger on GF Roll</b>

**Gluten Free Bagels, Blueberry Muffins and Sandwiches are available upon request.**

**To Remain compliant with the National School Lunch Program and ensure product availability. This list is intended solely to students with medical needs and documentation.**

**If you have any questions or concerns, reach out to Eric Nickelson at 203-894-5750 ext. 2143 or email [enickelson@ridgefieldps.net](mailto:enickelson@ridgefieldps.net)**