



January 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 1st – Jan 5th

Powering
potential.

Center Plate

Grill

Deli Special

Test Kitchen

Pizza

	MON	TUES	WED	THURS	FRI
	NEW YEAR'S DAY	Ravioli w/ Meat Sauce, Roasted Broccoli & Garlic Bread	Teriyaki Chicken Dumplings, Brown Rice & Asian Seasoned Veggies	Belgian Waffles, Sausage Patty & Hashbrowns	Chicken Fried Steak Mashed Potatoes Corn Nibbles
		Chicken Parmesan Melt with Provolone & Marinara	Pancake Bar with Fruit Toppings	Grilled Chicken w/ Cheddar & Spicy Mayo	Grilled Ham & Cheese w/ Tomato Soup
		Italian Combo	Italian Combo	Italian Combo	Italian Combo
	SCHOOL CLOSED	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar
		BBQ Chicken & Cheddar	BBQ Chicken & Cheddar	BBQ Chicken & Cheddar	BBQ Chicken & Cheddar

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

All Breads are delivered fresh
everyday
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Chicken is whole muscle
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Milk is hormone & antibiotic
free
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All deli meats are Boar's Head



This institution is an equal
opportunity providers





January 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 8th – Jan 12th

Powering
potential.

Center Plate

Grill

Deli Special

Test Kitchen

Pizza

MON	TUES	WED	THURS	FRI
BBQ Pulled Pork Sliders Roasted Broccoli	Chicken Nachos Black Bean & Corn Salsa	Sweet & Sour Chicken Fried Rice Cabbage & Carrots	Texas French Toast Sausage Links Hash Browns	Bacon BBQ Meatloaf Mashed Potato Roasted Kale
Chicken & Cheese Quesadilla	Greek Mediterranean Turkey Burger on Pita Bread	Beef Gyro	Pesto Parmesan Grilled Chicken w/ Mozzarella	Grilled Cheese & Tomato with Tomato Soup
Cranberry & Apple Chicken Salad on Whole Wheat Bread	Cranberry & Apple Chicken Salad on Whole Wheat Bread	Cranberry & Apple Chicken Salad on Whole Wheat Bread	Cranberry & Apple Chicken Salad on Whole Wheat Bread	Cranberry & Apple Chicken Salad on Whole Wheat Bread
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar
Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato	Fresh Mozzarella & Tomato

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

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STUDENT
NUTRITION

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January 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 15th – Jan 19th

Powering
potential.

Center Plate

Grill

Deli Special

Test Kitchen

Pizza

	MON	TUES	WED	THURS	FRI
	MARTIN LUTHER KING JR DAY	Chicken Parmesan w/ Pasta & Roasted Green Beans	Belgian Waffles Sausage Patty Hash Browns		Taco Beef & Bean Rice Bowl
		Philly Cheesesteak	Cheeseburger with Jalapeno Balsamic Jam	EARLY DISMISSAL	Grilled Cheese w/ Tomato Soup
		Corned Beef & Swiss on Rye	Corned Beef & Swiss on Rye		Corned Beef & Swiss On Rye
		Twice Baked Potato Bar	Twice Baked Potato Bar		Twice Baked Potato Bar
	SCHOOL CLOSED	Baked Ziti Pizza	Baked Ziti Pizza	NO LUNCH SERVED	Baked Ziti Pizza

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

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January 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 22nd – Jan 26th

Powering
potential.

Center Plate

Grill

Deli Special

Test Kitchen

Pizza

MON	TUES	WED	THURS	FRI
Cheese Ravioli Sauteed Mixed Veggies Garlic Bread	Loaded Beef Nachos Black Beans	French Toast Sticks Sausage Links Hash Browns	Orange Tempura Chicken Fried Rice Cabbage & Carrots	BBQ Chicken Mashed Potatoes Broccoli & Carrots
Chicken & Cheese Quesadilla	BBQ Pulled Pork Grilled Cheese	Herbed Grilled Chicken & Provolone on Ciabatta	NYC Chopped Cheese w/ Sauteed Onions	Grilled Cheese w/ Tomato Soup
Egg Salad On Multi Grain Bread	Egg Salad On Multi Grain Bread	Egg Salad On Multi Grain Bread	Egg Salad On Multi Grain Bread	Egg Salad On Multi Grain Bread
Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar
Meatball Parmesan Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza	Meatball Parmesan Pizza

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

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