



January 2024

RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

Jan 1st – Jan 5th

Powering potential.	MON	TUES	WED	THURS	FRI
Center Plate	NEW	Ravioli w/ Meat Sauce, Roasted Broccoli & Garlic Bread	Teriyaki Chicken Dumplings, Brown Rice & Asian Seasoned Veggies	Belgian Waffles, Sausage Patty & Hashbrowns	Chicken Fried Steak Mashed Potatoes Corn Nibblets
Grill	YEAR'S DAY	Chicken Parmesan Melt with Provolone & Marinara	Pancake Bar with Fruit Toppings	Grilled Chicken w/ Cheddar & Spicy Mayo	Grilled Ham & Cheese w/ Tomato Soup
Deli Special		Italian Combo	Italian Combo	Italian Combo	Italian Combo
Test Kitchen	SCHOOL	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar	Ramen Noodle Bar
Pizza	CLOSED	BBQ Chicken & Cheddar	BBQ Chicken & Cheddar	BBQ Chicken & Cheddar	BBQ Chicken & Cheddar

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR WITH A SELECTION OF PRE-MADE SPECIALTY SALADS All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head



This institution is an equal opportunity providers



MON

Chicken & Cheese

Quesadilla

Cranberry & Apple

Chicken Salad on

Whole Wheat Bread

Fresh Mozzarella &

Tomato



January 2024

RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

Jan 8th – Jan 12th

FRI

Bacon BBO Meatloaf

Mashed Potato

Roasted Kale

Grilled Cheese & Tomato

with Tomato Soup

Cranberry & Apple

Chicken Salad on

Whole Wheat Bread

Powering
potential

Grill

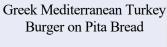
Deli Special

Test Kitchen

Pizza

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Chicken Nachos	
Black Bean & Corn Sals	a



Cranberry & Apple Chicken Salad on Whole Wheat Bread

Pasta Bar Pasta Bar

> Fresh Mozzarella & Tomato

WED

Sweet & Sour Chicken Fried Rice Cabbage & Carrots

Beef Gyro

Cranberry & Apple Chicken Salad on Whole Wheat Bread

Pasta Bar

Fresh Mozzarella &

Tomato

THURS

Texas French Toast Sausage Links Hash Browns

Pesto Parmesan Grilled

Cranberry & Apple Chicken Salad on

Chicken w/ Mozzarella

Whole Wheat Bread

Pasta Bar

Fresh Mozzarella &

Tomato

Pasta Bar

Fresh Mozzarella & Tomato

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PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

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RIDGEFIELD HIGH SCHOOL LUNCH MENU

Jan 15th – Jan 19th

Powering potential.	MON	TUES	WED	THURS	FRI
Center Plate	MARTIN	Chicken Parmesan w/ Pasta & Roasted Green Beans	Belgian Waffles Sausage Patty Hash Browns		Taco Beef & Bean Rice Bowl
Grill	LUTHER KING JR	Philly Cheesesteak	Cheeseburger with Jalapeno Balsamic Jam	EARLY DISMISSAL	Grilled Cheese w/ Tomato Soup
Deli Special	DAY	Corned Beef & Swiss on Rye	Corned Beef & Swiss on Rye		Corned Beef & Swiss On Rye
Test Kitchen		Twice Baked Potato Bar	Twice Baked Potato Bar		Twice Baked Potato Bar
Pizza	SCHOOL CLOSED	Baked Ziti Pizza	Baked Ziti Pizza	NO LUNCH SERVED	Baked Ziti Pizza

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PIZZA: Cheese & Pepperoni

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RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

THURS

Orange Tempura Chicken

Fried Rice

Cabbage & Carrots

Egg Salad

On Multi Grain Bread

Ramen Noodle Bar

Jan 22nd – Jan 26th

FRI

BBQ Chicken

Mashed Potatoes

Broccoli & Carrots

Powering
potential.

MON Cheese Ravioli Sauteed Mixed Veggies Center Plate Garlic Bread

Grill

Deli Special

Test Kitchen

Pizza

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Loaded Beef Nachos Black Beans

BBQ Pulled Pork Grilled Cheese

Egg Salad On Multi Grain Bread

Ramen Noodle Bar

Pizza

Meatball Parmesan

Meatball Parmesan Pizza

WED

French Toast Sticks

Sausage Links

Hash Browns

Herbed Grilled Chicken &

Provolone on Ciabatta

Egg Salad

On Multi Grain Bread

Ramen Noodle Bar

Meatball Parmesan Pizza

NYC Chopped Grilled Cheese Cheese w/ Sauteed w/ Tomato Soup Onions

> Egg Salad On Multi Grain Bread

Ramen Noodle Bar

Meatball Parmesan Pizza

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

Chicken & Cheese

Quesadilla

Egg Salad

On Multi Grain Bread

Ramen Noodle Bar

Meatball Parmesan

Pizza

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