

June 2023

MIDDLE SCHOOL LUNCH MENU

June 5 – June 10



Powering
potential.™

CENTER
PLATE

GRILL

DELI

PIZZA

VEGETABLE

	MON	TUES	WED	THURS	FRI
	Cheesy Baked Penne or GF Pasta Garlic Breadstick	Beef Tacos with all the fixings Beef Taco on GF Corn Shell	Country Popcorn Chicken & Mashed Potato Bowl	General Tso Beef or Chicken Rice Bowl	Mini Blueberry Waffle or GF Bagel Scrambled Egg
	Hamburger Cheeseburger	Hamburger Cheeseburger	Hamburger Cheeseburger GF Hamburger	Hamburger Cheeseburger	Hamburger Cheeseburger
	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice
	Cheese Kitchen Choice	Cheese Kitchen Choice	Cheese Kitchen Choice	Cheese Kitchen Choice GF Cheese Pizza	Choice Kitchen Choice
	Roasted Broccoli	Tomato Salsa Kickin' Pinto Bean	Glazed Carrots	Green Beans	Baked Tator Tots

Menus are subject to change.
GF – daily Gluten Friendly option available

Student Lunch: FREE
Adult Lunch: \$4.00



Offered Daily

- *Yogurt Parfait
- *Grab-n-Go Salad
- *Deli Sandwiches
- *Hamburger
- *Cheeseburger
- *Veggie Burger
- *Chicken Patty Sandwich

Did you know??

- ✓ All breads are whole grain
- ✓ Bread is delivered fresh daily
- ✓ Chicken is whole muscle
- ✓ Milk is hormone & antibiotic-free

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk,
Fat-Free Chocolate &
Fat Free Milk

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STUDENT
NUTRITION
This institution is an equal
opportunity providers

June 2023

MIDDLE SCHOOL LUNCH MENU

June 13 – June 17



Powering potential.™

CENTER PLATE

GRILL

DELI

PIZZA

VEGETABLE

MON	TUES	WED	THURS	FRI
Beef Ravioli with Marinara GF Pasta with Diced Chicken	Chicken Nachos on GF Corn Chips with all the fixings	Popcorn Chicken & Herb Stuffing Bowl	GF BBQ Chicken & Brown Rice Bowl	French Toast Sticks or GF Muffin Turkey Sausage
Hamburger Cheeseburger	Hamburger Cheeseburger	Hamburger Cheeseburger	Hamburger Cheeseburger	Meatball Grinder
Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice	Garden Salad Chicken Caesar Salad Kitchen Choice
Cheese Kitchen Choice	Cheese Kitchen Choice	Cheese Kitchen Choice GF Cheese Pizza	Cheese Kitchen Choice	Cheese Kitchen Choice
Roasted Asparagus	BBQ Black Beans	Roasted Carrots	Steamed Broccoli	Baked Tator Tots

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STUDENT NUTRITION

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