



Ridgefield Elementary Schools LUNCH MENU March 2023



27 WG Pasta & Meatballs in marinara sauce
Garlic Bread Stick
Broccoli Spears
Fresh Fruit
Hormone Free Milk

28 Chicken Nachos w/ Lettuce, Tomato & Cheese
Kickin' Pinto Beans
Fresh Fruit
Hormone Free Milk

1 Honey Stung Popcorn
Chicken
Cornbread
Green Beans
Fresh Fruit
Hormone Free Milk

2 Mini Blueberry Waffles
Turkey Sausage
Roasted Sweet Potato
Fresh Fruit
Hormone Free Milk

3 Cheese Or Meatball Pizza
Corn Nibletts
Garden Salad
Fresh Fruit
Hormone Free Milk

Week 1 Weekly Features Hot: Cheese & Bean Quesadilla Cold: Turkey & American Cheese on WG Bread

6 Chicken Penne Alfredo with Chicken
Green Beans
Fresh Fruit
Hormone Free Milk

7 Baked Potato with Turkey Bacon & Cheese
Steamed Broccoli
Fresh Fruit
Hormone Free Milk

8 Cheese Melt with Tomato Soup
Diced Carrots
Fresh Fruit
Hormone Free Milk

9 **EARLY DISMISAL**
Bagel or Cereal Fun Lunch
Fresh Fruit
Hormone Free Milk

10 Cheese or Pepperoni Pizza
Green Peas
Garden Salad
Fresh Fruit
Hormone Free Milk

Week 2 Weekly Features Hot: Hamburger or Cheeseburger Cold: Egg Chef Salad

13 Penne & Parsley with Diced Chicken
Butternut Squash
Fresh Fruit
Hormone Free Milk

14 Beef Tacos w/Lettuce, tomato, & cheese
Corn & Black Bean Salsa
Fresh Fruit
Hormone Free Milk

15 Warm WG Baked Pretzels
Apple Slices & Celery Sticks with Sunbutter
Cheese Stick
Fresh Fruit
Hormone Free Milk

16 French Toast
Turkey Sausage
Baked Tator Tots
Fresh Fruit
Hormone Free Milk

17 Cheese Stuffed Breadsticks
With Marinara Sauce
Broccoli
Fresh Fruit
Hormone Free Milk

Week 3 Weekly Features Hot: Ham & Cheese Melt Cold: Blueberry & Yogurt Parfait

20 WG Chicken Patty Parmesan
WG Pasta
Broccoli
Fresh Fruit
Hormone Free Milk

21 BBQ Chicken & Brown Rice Bowl
Tater Tots
Chicken Fajita Quesadilla
BBQ Black Beans
Fresh Fruit
Hormone Free Milk

22 WG Mac & Cheese
Corn Bread
Green Beans
Fresh Fruit
Chicken Ranch Sandwich
Baked French Fries
Pickles
Fresh Fruit
Hormone Free Milk

23 Hamburger or Cheeseburger on WG Bun
BBQ Baked Beans
WG Pancakes
Turkey Sausage
Sweet Potatoes
Fresh Fruit
Hormone Free Milk

24 Cheese or Veggie Pizza
Garlic Parmesan Carrots
Cheese or Pepperoni Pizza
Garden Salad
Fresh Fruit
Hormone Free Milk

Week 4 Weekly Features

27 WG Pasta with Marinara and Meatballs
Garlic Breadstick
Broccoli
Fresh Fruit

28

29

Hormone Free Milk

3

Hormone Free Milk

31

Hormone Free Milk

All Lunches Must Include Choice of:

Fruits,
100% Juice and/or
Vegetable
(Juice is only available 2 days per week)

And May Include:

Skim or 1% Low-Fat Milk, or Skim Chocolate Milk
Hormone Free

Available Everyday SunButter & Jelly Sandwich on WG Bread served with a cheese stick

OR

Bagel Fun Lunch Whole Grain Bagel Cheese Stick

D'animals Yogurt Student Lunch \$2.95 Menus are subject to change. Adult Lunch \$4.00