



May 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

May 1st - May 5th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Veggie Burrito	Grilled Cheese & Fries	Eggplant Parm Sandwich	Black Bean Burger	Buffalo Chicken
CENTER PLATE	Panko Crusted Tilapia Rice & Veggies	General Tso's Chicken, Fry Rice Asian Veggie Blend	Mac & Cheese Station	Chicken Tikka Masala Rice & Veggies	Taco Station
EXPRESS	Hummus & Veggie Wrap	Italian Combo	Farmers Club Egg Salad LT	Roast Beef Cucumber Mayo	Hummus Roast Veggies
TEST KITCHEN					
PIZZA	Meatball Pizza	Roasted Veggie Pizza	Buffalo Chicken Pizza	Three Cheese Pizza	Spinach White Pizza

Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal opportunity providers





May 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

May 8th– May 12th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Cuban Sandwich	Cheese Burger	Garden Veggie Burger	Chicken Bacon Russian	Veggie Burrito
CENTER PLATE	Pasta Station Choice of Sauce Garlic Bread	Fish & Chips Coleslaw	Taco Station	Penne with Sausage & Broccoli Rabe	Chicken Cordon Bleu & Veggies
EXPRESS	Greek Pita Pockets	Buffalo Chicken Wrap	Chicken Kale Caesar Wrap	Tuna Salad Wrap	Roasted Beef w/ Horseradish Mayo
TEST KITCHEN					
PIAZZA	Margarita Pizza	Cheese Calzone	Bacon & Broccoli	Roast veggie Pizza	Hawaiian Pizza



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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May-June 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

May 15th- May 19th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Pastrami Reuben	Chicken Bean Burrito	Buffalo Chicken	Pulled Pork Bao Buns	Black Bean Burger
CENTER PLATE	Cajun Chicken Rice & Veggies	Vegetable Lasagna Garlic Bread	Nacho Station	Grilled Chicken Parmesan Rice & Veggies	Three Cheese Ravioli & Garlic Bread
EXPRESS	Roast Beef Pepper Jack Cheese on Everything Bagel	Waldorf Chicken Wrap	American Combo Ham & Turkey	Turkey Coleslaw Wrap	Hummus & Veggie Wrap
TEST KITCHEN					
PIAZZA	Veggie Pizza	Taco Pizza	Three Cheese Pizza	Margarita	Chicken Pesto



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal opportunity providers



May 2023

RIDGEFIELD HIGH SCHOOL
LUNCH MENU

May 22nd – May 26th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Veggie Burger Sandwich	Chicken BLT	Philly Cheese Steak	Mushroom & Swiss Burger	BBQ Chicken
CENTER PLATE	General Tso's Chicken, Fry Rice Asian Veggie Blend	Taco Station	Mac Cheese Station	Boneless Wings with Sauce of Choice w/Celery Sticks	Ravioli Spinach Peas & Carrots Garlic Bread
EXPRESS	Grilled Chicken Wrap	Hummus Veggie Wrap	Roast Beef Hot Peppers on a Roll	Greek Salad Wrap	Egg Salad BLT
TEST KITCHEN					
PIAZZA	Veggie Pizza	Fresh Tomato Spinach	Meatball	Arugula Pear Flatbread Pizza	BBQ Chicken



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal
opportunity providers



May 2023

RIDGEFIELD HIGH SCHOOL LUNCH MENU

May 29th – June 2nd

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

TEST KITCHEN

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Black Bean Burger	Grilled Cheese & Fries	Beef Burrito	Pulled Pork	Chicken Russian
CENTER PLATE	Roast Beef Mash Potato Gravy & Veggies	Penne Pasta Three Choice of Sauce Garlic Bread	Grilled Chicken Parmesan Rice & Veggies	Boneless Wings with Sauce of Choice w/Celery Sticks	Lemon Garlic Chicken Mash Potato & Veggies
EXPRESS	Chicken Salad Wrap	Hummus Veggie Wrap	Basil Tomato Mozzarella Wrap	Roast Beef, Hot Peppers on Roll	Blackened Chicken Wrap
TEST KITCHEN					
PIAZZA	Three Cheese	Chicken Caprese	Veggie Pizza	Taco Pizza	Spinach & Bacon

Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal opportunity providers

