

Ridgefield Elementary Schools Lunch Menu

November 2022



School Closed

- 7 Cheese Ravioli in marinara sauce w/ Cheesy Garlic Bread
Roasted Green Beans
Garden Salad
Hormone Free Milk

BRUNCH FOR LUNCH

- Whole Grain Waffles
Turkey Sausage
Tator Tots
Hormone Free Milk

- 10 Tex Mex Popcorn Chicken
Brown Rice
Roasted Tomatoes & Black Beans
Fresh Fruit
Hormone Free Milk

11 **Veteran's Day**

School Closed

Weekly Features Hot: Cheese & Bean Quesadilla
Cold: Chicken Caesar Salad

- 14 WG Pasta in marinara
Cheesy Garlic Bread
Chickpea & Tomato Salad
Roasted Broccoli
Hormone Free Milk

- 15 **Taco Tuesday**
Seasoned beef, lettuce, tomato & cheese
Seasoned Corn
Fresh Fruit
Hormone Free Milk

- 16 Sweet & Sour Chicken
Brown Rice
Snow Peas
Fresh Fruit
Hormone Free Milk

- 17 WG Mac & Cheese
Dinner Roll
Roasted Broccoli
Fresh Fruit
Hormone Free Milk

- 18 **Early Dismissal**
Bagel OR Sunbutter & Jelly Sandwich Fun Lunch
Fresh Fruit & Carrot Sticks

Weekly Features Hot: Oven Baked Chicken Tenders and Dinner Roll
Cold: Peach Parfait

- 21 **Early Dismissal**
Turkey & Cheese OR SunButter & Jelly Sandwich Fun Lunch
Fresh Fruit & Carrot Sticks

- 22 **Early Dismissal**
Ham & Cheese OR SunButter & Jelly Sandwich Fun Lunch
Fresh Fruit & Celery Sticks

- 23 **Early Dismissal**
Bagel OR SunButter & Jelly Sandwich Fun Lunch
Fresh Fruit & Just Veggie Side Salad

24 **THANKSGIVING BREAK**
SCHOOL CLOSED

25 **THANKSGIVING BREAK**
SCHOOL CLOSED

Weekly Features Hot: Not Available due to Early Dismissal
Cold: Not Available due to Early Dismissal



- 29 Loaded Beef Nachos w/ Lettuce, tomato & cheese
Tomato Salsa
Black Beans
Fresh Fruit
Hormone Free Milk

- 30 Chicken Parmesan
Roasted Green Beans
Fresh Fruit
Hormone Free Milk

- 1 Chicken Meatball Grinder
Oven Baked French Fries
Fresh Fruit & Hormone Free Milk

- 2 Cheese or Pepperoni Pizza
Garden Salad
Fresh Fruit
Hormone Free Milk

Weekly Features Hot: Hamburger on WG Bun
Cold: Veggie Salad with Hard Boiled Egg

All Lunches Must Include Choice of:

Fruits and 100% Juice
(Juice available only Tuesday & Thursdays)

And / or
Vegetables

And May Include:

Skim, 1% Low-Fat Milk, or Skim Chocolate Milk
Hormone Free

SunButter Sandwich and Bagel Fun Lunch served daily

Student Lunch Is Free w/fruit and/or veggie! Adult Lunch

Menus are subject to change.

Powering potential.