



October/November 2022

RIDGEFIELD HIGH SCHOOL LUNCH MENU

October 31st through November 4th

Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

Chef Station

PIAZZA

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Chicken Russian Melt	Black bean Pepperjack Melt	Chicken Quesadilla	Mushroom and Swiss Burger	Philly Cheesesteak
CENTER PLATE	Roasted Herb Turkey and Mashed Potatoes	Rice and Bean Burrito with Roasted Corn	Ravioli Casserole w/ Sauteed Spinach	Grilled Chicken Parmesan Over Rice	Boneless Wings with Sauce of Choice w/Celery Sticks
EXPRESS	Chicken Caprese	Chicken Kale Caesar Wrap	Basil Tomato Tofu Wrap	Roast Beef, Broccoli Rabe and Hot Peppers on Roll	Egg Salad BLT
Chef Station	Coming Soon!				
PIAZZA	Taco Pizza	Spinach Chicken Pizza w/ White Sauce	3 Cheese Calzone	Arugula Pear Flatbread Pizza	Fresh Baked Cheese Stromboli



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



This institution is an equal
opportunity providers



Powering potential.

UNDER THE HOOD

CENTER PLATE

EXPRESS

Chef Station

PIAZZA



November 2022

RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 7th-11th

	MON	TUES	WED	THURS	FRI
UNDER THE HOOD	Chicken BLT	Early Dismissal Breakfast Menu Offered	BBQ Bacon Cheeseburger	Philly Cheesesteak	Veteran's Day No School
CENTER PLATE	Roast Beef w/ Roasted Broccoli and Brown Gravy		Cheese Ravioli w/choice of sauce and Spinach Side Salad	Lemon Garlic Chicken w/Mashed Potato and Gravy	
EXPRESS	Veggie and Hummus Wrap		Italian Combo Sandwich	Turkey BLT	
Chef Station	Coming Soon!				
PIAZZA	Margarita		Meat Lovers' Pizza	Roasted Veggie Pizza	

Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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November 2022

RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 14th through November 18th

Powering potential.

UNDER THE HOOD

MON

Chicken Russian Sandwich

TUES

Chicken Bean Burrito

WED

Cuban Style Sandwich

THURS

Spicy Breaded Chicken Sandwich

FRI

Cali Style Black Bean Burger

CENTER PLATE

Crusted Tilapia with Rice and Broccoli

Grilled Cheese with Tomato Soup and Spinach Side Salad

Tasty Taco Bar: 2 soft shelled tacos loaded with toppings of choice

Chicken and Pea Penne Alfredo w/ Breadstick and Zucchini

Ramen Noodle Bowl with choice of Chicken or Beef

EXPRESS

Chicken Caesar Wrap

American Combo

Tuna Salad Sandwich

Farmers' Club: Egg Salad, BLT

Roast Beef Wrap with Horseradish Mayo and Cucumber

Chef Station

Coming Soon!

PIAZZA

Cheese Calzone

White Cheese Pizza

Veggie Calzone

Chicken Bacon Ranch Pizza

Hawaiian Pizza



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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November 2022

RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 21st through November 25th

Powering potential.

UNDER THE HOOD

MON

Pastrami Ruben

TUES

Eggplant Parm Sub

WED

Early Dismissal Breakfast Menu Offered

THURS

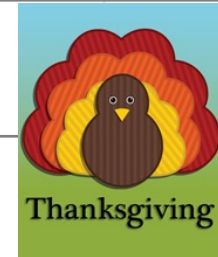
School Closed for Thanksgiving Break

FRI

CENTER PLATE

Beef or Veggie Lasagna w/ Leafy Green and Cucumber Salad

Rigatoni Pasta with choice of Sauce and Broccoli Rabe



EXPRESS

Buffalo Chicken and Blue Cheese Wrap

Greek Pita Pockets

Chef Station

Coming Soon!

PIAZZA

Buffalo Chicken and Ranch

Hawaiian Flatbread Pizza

Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

SANDWICH

Made-To-Order

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
Salad



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November 2022

RIDGEFIELD HIGH SCHOOL LUNCH MENU

November 28th through December 1st

Powering potential.

UNDER THE HOOD

MON

Meatball Parm

TUES

Fish Tacos

WED

Pulled Pork and Coleslaw on a Roll

THURS

Grilled Ham and Cheese Melt

FRI

Spicy Breaded Chicken Sandwich

CENTER PLATE

Roasted Chicken with BBQ sauce of Choice and Roasted Potato

Penne Pasta w/ Sauce of Choice, Breadstick & Green Beans

Asian Beef Noodles

Lemon Garlic Chicken with Garlic Mashed Potato

Ravioli w/ Sausage Mascarpone

EXPRESS

Classic BLT Sandwich

Turkey Cobb Wrap

Italian Combo Sandwich

Blacken Chicken Wrap

Roasted Veggie and Hummus Wrap

Chef Station

Coming Soon!

PIAZZA

Margarita Pizza

Ricotta Basil, Tomato and Balsamic Flat Bread

Chicken Bacon Ranch Pizza

Steak and Caramelized Onion Pizza

Grilled Chicken Pesto Mascarpone



Menus are subject to change.

Offered Daily:
Rotisserie Chicken

Make-Your-Own Salad Bar

Daily Grill Items –
Hamburger, Cheeseburger

Daily Pizza
Cheese
With Topping

Daily Made-to-Order Deli

Boar's Head Turkey,
Ham, Buffalo Chicken
Salami, Provolone, Swiss,
American & Cheddar
Tuna, Chicken Salad, Egg
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