







November 2024

MIDDLE SCHOOL LUNCH MENU

November 6 – November 10

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE	Macaroni & Cheese Roasted Broccoli & Cauliflower	ELECTION DAY	Honey Stung Popcorn Chicken w/ WG Biscuit Baked Beans Cucumber & Tomato Salad	Confetti Pancakes Turkey Sausage Tator Tots	VETERANS DAY
GRILL	Chicken Quesadilla		Atomic Burger	Grilled Cheese	
PIZZA	Buffalo Chicken		Vegetable Pesto	Pepperoni	
DELI	Italian Wrap	NO SCHOOL	Three Cheese Wrap	Roasted Veggie Wrap	NO SCHOOL
SALAD	Blueberry Parfait Cobb Salad		Blueberry Parfait Veggie Baja Salad	Blueberry Parfait Chicken Caesar Salad	

Menus are subject to change.

This institution is an equal opportunity provider.



Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese

DELI: Sunbutter & Jelly, Turkey & Cheddar Sandwich

SALAD: Garden Salad with & without chicken

Student Lunch: \$3.25

Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

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Chicken is whole muscle

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Milk is hormone & antibiotic free



November 2024

MIDDLE SCHOOL LUNCH MENU

November 13 – November 17

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE	Penne Pasta with Meatsauce or Marinara & Garlic Bread Green Beans	Beef Nachos Sante Fe Rice Kickin' Pinto Beans	Sweet & Sour Chicken Rice Bowl Roasted Broccoli	Grilled Cheese Tomato Soup Steamed Carrots	French Toast Sticks Turkey Sausage Sweet Potato Fries
GRILL	Cheese Stuffed Breadsticks w/ Marinara Dipping Sauce	Cheese Quesadilla	Meatball Pizza Sub	Chicken Patty Sandwich	California Ranch Chicken Sandwich
PIZZA	Meatlovers	White w/ Broccoli	Pepperoni	BBQ Chicken & Ranch	Veggie Pesto
DELI	Tuna Salad Wrap	Buffalo Chicken Wrap	Italian Sub	Asian Chicken Wrap	Ham & Cheese Wrap
SALAD	Fruit, Cheese, Flatbread & Turkey Plate Apple Cheddar Salad	Fruit, Cheese, Flatbread & Turkey Plate Greek Salad	Fruit, Cheese, Flatbread & Turkey Plate Chicken Caesar Salad	Fruit, Cheese, Flatbread & Turkey Plate Chicken Nacho Salad	Fruit, Cheese, Flatbread & Turkey Plate Egg Chef Salad

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Available Everyday:

- GRILL:** Hamburger, Cheeseburger, Veggie Burger
- PIZZA:** Cheese
- DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich
- SALAD:** Garden Salad with & without chicken

Student Lunch: \$3.25 Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

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November 2024

MIDDLE SCHOOL LUNCH MENU

November 20 – November 24

Powering
potential.™

EARLY DISMISSAL

	MON	TUES	WED	THURS	FRI
ENTREE	Chicken Penne Alfredo Garlic Bread Roasted Broccoli & Zucchini	Beef Tacos Sante Fe Rice BBQ Black Beans & Red Pepper Strips	Breakfast Pizza Bacon, Egg, Cheese & Tomato Tator Tots	 <p>THANKSGIVING RECESS</p>	
GRILL	Chicken Tenders & WG Dinner Roll	Egg & Cheese on a Bagel			
PIZZA	Meatball	BBQ Chicken	Cheese Pizza		
DELI	Italian Wrap	Chicken Caesar Wrap	Sunbutter & Jelly Turkey & Cheddar Sandwich		
SALAD	Garden Salad Garden Salad w/ Chicken	Garden Salad Garden Salad w/ Chicken	Garden Salad Garden Salad w/ Chicken		
				NO SCHOOL	



NO SCHOOL

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Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese

DELI: Sunbutter & Jelly, Turkey & Cheddar Sandwich

SALAD: Garden Salad with & without chicken

Student Lunch: \$3.25

Adult Lunch: \$4.00

All Lunches must
include a fruit and/or
vegetable
& may include:
1% Low-Fat Milk OR
Skim Chocolate Milk

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November 2024

MIDDLE SCHOOL LUNCH MENU

November 27 – December 1

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE	Cheesy Baked Penne Garlic Bread Steamed Zucchini	Chicken Nachos Kickin' Pinto Beans	Cheesy Baked Potato Steamed Broccoli	Chicken Tikki Masala Rice Bowl Steamed Carrots	Mini Blueberry Waffles Turkey Sausage Tator Tots
GRILL	Cheese & Bean Quesadilla	Farmhouse Chicken Sandwich	Spicy Chicken Patty	Pepperoni Pizza Burger	Meatball Grinder
PIZZA	Pepperoni	Veggie Pesto	Meatball	Cheddar Taco	BBQ Chicken
DELI	Italian Sub	Egg Salad Wrap	Ham & Cheese Sub	Roast Veggie & Hummus Wrap	Chicken Caesar Wrap
SALAD	Strawberry Parfait Cobb Salad	Strawberry Parfait Veggie Baja Salad	Strawberry Parfait Chicken Caesar Salad	Strawberry Parfait Fruit, Yogurt & Cheese Plate	Strawberry Parfait Chicken Greek Salad

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Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese

DELI: Sunbutter & Jelly, Turkey & Cheddar Sandwich

SALAD: Garden Salad with & without chicken

Student Lunch: \$3.25

Adult Lunch: \$4.00

All Lunches must include a fruit and/or vegetable & may include:
1% Low-Fat Milk OR Skim Chocolate Milk

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