



Sept-Oct 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Sep 30th – Oct 4th

Powering potential.	MON Kielbasa & Sauerkraut	TUES Cheesy Chorizo	WED BBQ Pulled Pork	THURS	FRI Chicken Parmesan
Center Plate	Parsley Potatoes & Broccoli	Enchilada Bake	Corn on the Cob Coleslaw Cornbread		Rotini Pasta & Broccoli Rabe
Grill	Chicken & Cheese Quesadilla	Philly Cheese Steak With Grilled Peppers & Onions	Beef Gyro	SCHOOL CLOSED	Grilled Cheese w/ Chicken Noodle
Deli Special	Chicken BLT Sub	Chicken BLT Sub	Chicken BLT Sub		Chicken BLT Sub
Test Kitchen	Udon Noodle	Udon Noodle	Udon Noodle	ROSH HASHANAH	Omelet Bar
Pizza	Pizza Bagel	Pizza Bagel	Pizza Bagel		Pizza Bagel

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

<u>FULL SALAD BAR</u>
WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

All Breads are delivered fresh everyday

Chicken is whole muscle

Milk is hormone & antibiotic free

All deli meats are Boar's Head







RIDGEFIELD HIGH SCHOOL LUNCH MENU

Oct 7th – Oct 11th

Powering potential.

Center Plate

Grill

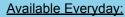
Deli Special

Test Kitchen

Pizza

MON	TUES	WED	THURS	FRI
Baked Ziti Garlic Breadstick & Roasted Broccoli	Thai Curry Chicken with Rice Noodles & Bok Choy	Meatloaf Mashed Potatoes with Gravy & Green Beans	Beef Stir Fry over Rice with Ginger Snow Peas & Baby Corn	½ Day
Chicken & Cheese Quesadilla	Philly Cheesesteak	Mediterranean Chicken Gyro	Grilled Turkey Reuben	Breakfast Only
American Combo Club	American Combo Club	American Combo Club	American Combo Club	½ Day
Pasta Bar	Pasta Bar	Pasta Bar	Pasta Bar	Breakfast Only
Philly Cheese steak Pizza	Philly Cheese steak Pizza	Philly Cheese steak Pizza	Philly Cheese steak Pizza	½ Day

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RIDGEFIELD HIGH SCHOOL LUNCH MENU

Oct 14th – Oct 18nd

Powering potential.

Center Plate

Grill

Deli Special

Test Kitchen

Pizza

MON	TUES	WED	THURS	FRI
Closed	Loaded Beef Burritos, Plantains, Black Beans & Rice	Shepard's Pie Seasoned ground beef with peas & carrots, topped with mashed potato	Cajun Chicken, Roasted Potatoes & Roasted Peppers & Onions	Cheese Ravioli Sauteed Mixed Veggies Garlic Bread
Closed	Blackened Chicken With Cole Slaw & Swiss On Brioche Bun	Mushroom Swiss Burger on A Pretzel Bun	BBQ Pulled Pork With Pepper jack Cheese	Grilled Cheese w/ Chicken Noodle
Closed	Vegetarian White Bean, Fetta, Cucumber Tzatziki Wrap	Vegetarian White Bean, Fetta, Cucumber Tzatziki Wrap	Vegetarian White Bean, Fetta, Cucumber Tzatziki Wrap	Vegetarian White Bean, Fetta, Cucumber Tzatziki Wrap
Closed	Boneless Wing Bar With Curly Fries	Boneless Wing Bar With Curly Fries	Boneless Wing Bar With Curly Fries	Omelet Bar
Closed	Roasted Tomato & Meatball Flatbread	Roasted Tomato & Meatball Flatbread	Roasted Tomato & Meatball Flatbread	Roasted Tomato & Meatball Flatbread

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RIDGEFIELD HIGH SCHOOL **LUNCH MENU**

Grilled BBQ Chicken Corn Bread Sauteed Green Beans

Oct 21st – Oct 25th

FRI

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Center Plate

Grill

Deli Special

Test Kitchen

Pizza

MON	TUES
Buffalo Chicken Mac & Cheese	Crispy I Fiest

Beef Taco a Rice Seasoned Corn

BBQ Chicken

Pretzel Roll

Cheesy Chipotle Chicken With Pepper jack Cheese On Panini

WED

Chicken Tikki Masala

Bowl

NYC Chopped Cheese w/ Sauteed Onions

THURS

Gen Tso Chicken

& Vegetable Fried Rice

Steamed Snow Peas

Grilled Cheese & Tomato Basil Soup

Spaghetti & Meatballs

Sauteed Mixed Veggies

Garlic Bread

Tuna Salad On Multi Grain Bread

Steamed Broccoli

Chicken & Cheese

Ouesadilla

Tuna Salad On Multi Grain Bread

Twice Baked Potato Bar

Twice Baked Potato Bar

Twice Baked Potato Bar

Twice Baked Potato Bar

Omelet Bar

Chicken & Scallion With Bacon Pizza

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RIDGEFIELD HIGH SCHOOL LUNCH MENU

Oct 28th – Nov 1st

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Center Plate

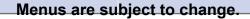
Grill

Deli Special

Test Kitchen

Pizza

MON Pasta with	TUES	WED	THURS	FRI
Marinara or Meatsauce Breadstick Roasted Cauliflower	Chicken Nachos Black Beans & Corn Mexi Rice	Potato & Cheese Perogies Sauteed Onions & Bacon Sour Cream	Chicken Dumplings Veggie Lo Mein Steamed Broccoli	Cheese Lasagna Garlic Bread Green Beans
Chicken & Cheese Quesadilla	BBQ Chicken With Pepper jack Cheese On Pretzel Roll	Cheesy Chipotle Chicken Panini	NYC Chopped Cheese w/ Sauteed Onions	Grilled Cheese & Tomato Basil Soup
Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread	Tuna Salad On Multi Grain Bread
Meatball Mania	Meatball Mania	Meatball Mania	Meatball Mania	Omelet Bar
Chicken & Scallion With Bacon Pizza	Chicken & Scallion With Bacon Pizza	Chicken & Scallion With Bacon Pizza	Chicken & Scallion With Bacon Pizza	Chicken & Scallion With Bacon Pizza



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