



August 2024

RIDGEFIELD HIGH SCHOOL
LUNCH MENU

Aug 26th – Aug 30th

Powering
potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Closed	Beef Nachos Black Beans	Pulled Pork Cornbread Rice & Beans	Teriyaki Chicken Steamed Broccoli with Rice	Cheese Ravioli Meatballs Sauteed Spinach
Grill	Closed	Philly Cheesesteak Club	Beef Gyro	BBQ Pulled Pork On A Pretzel Roll	Grilled Cheese
Deli Special	Closed	Turkey Avocado Ranch B.L.T. Wrap	Turkey Avocado Ranch B.L.T. Wrap	Turkey Avocado Ranch B.L.T. Wrap	Turkey Avocado Ranch B.L.T. Wrap
Test Kitchen	Closed	Pasta Bar With Sauce, Protein & Veggie Toppings	Pasta Bar With Sauce, Protein & Veggie Toppings	Pasta Bar With Sauce, Protein & Veggie Toppings	Omelet Bar With Toppings
Pizza	Closed	Meat Lovers Pizza	Meat Lovers Pizza	Meat Lovers Pizza	Meat Lovers Pizza

Menus are subject to change.

Available Everyday:

GRILL: Hamburger, Cheeseburger, Veggie Burger

PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

WITH A SELECTION OF PRE-MADE SPECIALTY SALADS

All Breads are delivered fresh
everyday
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Chicken is whole muscle
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Milk is hormone & antibiotic
free
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All deli meats are Boar's Head



This institution is an equal
opportunity providers





September 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Sept 2nd – Sept 6th

Powering potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Closed	Pork Carnitas Mexican Street Corn & Black Beans	BBQ Chicken Mashed Potato & Creamy Cole Slaw	Chicken Lo Mein With Sautéed Cabbage & Carrots	Penne Pasta With Sausage & Broccoli Rabe With Garlic Bread
Grill	Closed	Turkey Reuben On Rye With Sauerkraut & Swiss Cheese	Bacon Cheeseburger on Pretzel Roll	Fish Taco With Chipotle Mayo & Slaw	Grilled Cheese with Tomato Soup
Deli Special	Closed	Grilled Veggie & Hummus Wrap	Grilled Veggie & Hummus Wrap	Grilled Veggie & Hummus Wrap	Grilled Veggie & Hummus Wrap
Test Kitchen	Closed	Mac-n-Cheese Bar With Toppings	Mac-n-Cheese Bar With Toppings	Mac-n-Cheese Bar With Toppings	Omelet Bar With Toppings
Pizza	Closed	Pizza Bagel	Pizza Bagel	Pizza Bagel	Pizza Bagel

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September 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Sept 9th – Sept 13th

Powering potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Chicken Alfredo With Breadstick & Green Beans	Beef Soft Tacos With Sour Cream Cheese Salsa & Black Beans	Meatloaf With Mashed Potatoes & Peas	Orange Chicken Fried Rice Broccoli	Penne Pasta Diablo With Chicken Mixed Veggies & Garlic Bread
Grill	Chicken & Cheese Quesadilla	Spicy BBQ Pulled Pork Sliders	Monte Crisco Sandwich	Belgium Waffle With Sausage Links	Grilled Cheese with Tomato Soup
Deli Special	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap
Test Kitchen	Twice Baked Potato Bar With Toppings	Twice Baked Potato Bar With Toppings	Twice Baked Potato Bar With Toppings	Twice Baked Potato Bar With Toppings	Omelet Bar
Pizza	“Boardwalk” Pizza Cheddar Mozzarella Bacon Ranch & Potato	“Boardwalk” Pizza Cheddar Mozzarella Bacon Ranch & Potato	“Boardwalk” Pizza Cheddar Mozzarella Bacon Ranch & Potato	“Boardwalk” Pizza Cheddar Mozzarella Bacon Ranch & Potato	“Boardwalk” Pizza Cheddar Mozzarella Bacon Ranch & Potato

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Available Everyday:

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PIZZA: Cheese & Pepperoni

DELI: Made to Order Turkey, Ham, Chicken, Roast Beef & Salami

FULL SALAD BAR

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September 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Sept 9th – Sept 13th

Powering
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	MON	TUES	WED	THURS	FRI
Center Plate	Mac-n-Cheese With Broccoli	Chicken Enchiladas with Mole Sauce Black Beans & Rice	Caribbean Jerk Chicken Plantains With Roasted Potato	Breakfast Only	Salisbury Steak Roasted Red Potatoes & Roasted Corn
Grill	Chicken & Cheese Quesadilla	Jerk Chicken Sliders	Jalapeno Bacon Jam Cheeseburger on Pretzel Roll	EARLY DISMISSAL	Grilled Cheese with Tomato Soup
Deli Special	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap	Cranberry & Apple Chicken Salad Wrap	Breakfast Only	Cranberry & Apple Chicken Salad Wrap
Test Kitchen	Boneless Wing Bar With Waffle Fries & Celery Sticks	Boneless Wing Bar With Waffle Fries & Celery Sticks	Boneless Wing Bar With Waffle Fries & Celery Sticks	EARLY DISMISSAL	Omelet Bar
Pizza	BBQ Chicken Pizza	BBQ Chicken Pizza	BBQ Chicken Pizza	Breakfast Only	BBQ Chicken Pizza

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September 2024

RIDGEFIELD HIGH SCHOOL LUNCH MENU

Sept 23rd – Sept 27th

Powering potential.

	MON	TUES	WED	THURS	FRI
Center Plate	Eggplant Parmesan Spaghetti & Roasted Broccoli	Chicken Empanada Fiesta Rice Refried Beans	Fish & Chips With Cole Slaw	Gen Tso's Chicken Fried Rice Cabbage & Carrots	Pesto Chicken Rice Pilaf Roasted Cherry Tomato
Grill	Chicken & Cheese Quesadilla	Buffalo Chicken Wrap	Meatloaf Burger With Melted American Cheese	Grilled Chipotle Chicken & Cheddar Panini	Grilled Cheese On Texas Toast
Deli Special	Grilled Vegetable Wrap	Grilled Vegetable Wrap	Grilled Vegetable Wrap	Grilled Vegetable Wrap	Grilled Vegetable Wrap
Test Kitchen	Nacho Bar With Toppings	Nacho Bar With Toppings	Nacho Bar With Toppings	Nacho Bar With Toppings	Omelet Bar
Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza

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