



# August 2024

## MIDDLE SCHOOL LUNCH MENU

August 26-August 30

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE		Chicken Nachos Mexican Rice Black Beans	French Toast Turkey Sausage Sweet Potato Fries	Mashed Potato Bowl topped with Beef, Cheddar Cheese & Broccoli	BBQ Chicken WG Brown Rice Corn on the Cob
GRILL		Pizza Bagel	BBQ Chicken Melt	Meatball Sub	Chicken Patty Sandwich
PIZZA		Pepperoni	Veggie	White Cheese	Chicken Parm
DELI		American Combo	American Combo	American Combo	American Combo
SALAD		Turkey Chef Salad w/ Egg and WG Dinner Roll Strawberry Greek Yogurt Parfait w/ Granola			

*Last Day of Summer Recess*

Menus are subject to change.

This institution is an equal opportunity provider.



Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Grilled Cheese Melt

**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken, Chicken Caesar Salad

All Lunches must include a fruit and/or vegetable & may include:  
1% Low-Fat Milk OR Skim Chocolate Milk

All Breads are whole grain & delivered fresh everyday

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Chicken is whole muscle

~  
Milk is hormone & antibiotic free




# September 2024

## MIDDLE SCHOOL LUNCH MENU

September 2- September 6

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE	LABOR DAY	Chicken Fajitas Kickin' Pinto Beans	Maple Waffles Turkey Sausage Tater Tots	Macaroni & Cheese Roasted Broccoli WG Dinner Roll	Honey Stung Chicken Steamed Rice Roasted Carrots
GRILL		Turkey Melt	Cuban Sub	Sausage, Egg & Cheese	Chicken Parm Sub
PIZZA		Pepperoni	Buffalo Chicken	Taco	Veggie
DELI	NO SCHOOL	Asian Chicken Wrap	Asian Chicken Wrap	Asian Chicken Wrap	Asian Chicken Wrap
SALAD		Chicken, Bacon & Ranch Salad with WG Dinner Roll Apple Cinnamon Smoothie With Graham Crackers			

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Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Grilled Cheese Melt

**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken, Chicken Caesar Salad

All Lunches must include a fruit and/or vegetable & may include:  
1% Low-Fat Milk OR Skim Chocolate Milk

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# September 2024

## MIDDLE SCHOOL LUNCH MENU

September 9- September 13

Powering potential.

	MON	TUES	WED	THURS	FRI
ENTREE	Penne Bolognese, Marinara Green Beans	Beef Tacos Steamed Rice Pinto Beans	Pancakes Turkey Sausage Hash Browns	Philly Cheesesteak Roasted Red Peppers & Onions	General Tso's Chicken Rice Roasted Broccoli
GRILL	BLT	Breadsticks w/ Marinara sauce	Chicken Parm Hero	Meatball Grinder	Honey Mustard Chicken Melt
PIZZA	Meatball	Spinach	Pepperoni	Burger	BBQ Chicken
DELI	Buffalo Chicken	Buffalo Chicken	Buffalo Chicken	Buffalo Chicken	Buffalo Chicken
SALAD			Greek Meatball Salad with WG Dinner Roll		Blueberry Greek Yogurt Parfait w/ Granola

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Available Everyday:

**GRILL:** Hamburger, Cheeseburger, Grilled Cheese Melt

**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken, Chicken Caesar Salad

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# September 2024

## MIDDLE SCHOOL LUNCH MENU

September 16- September 20

Powering potential.

**EARLY DISMISSAL**

	MON	TUES	WED	THURS	FRI
ENTREE	Spaghetti & Meatballs Sautéed Spinach	Beef Nachos Santa Fe Rice Campfire Pinto Beans	Sweet & Sour Chicken Rice Bowl Steamed Green Beans	Blueberry Waffle Turkey Sausage Hash Brown	BBQ Pulled Pork Sandwich Coleslaw Roasted Carrots
GRILL	Farmhouse Chicken Sandwich	Chipotle Ranch Burger	Atomic Burger	Hamburgers Cheeseburgers	Pizza Bagel
PIZZA	Taco	Meat-lover	Veggie	Cheese	Pepperoni
DELI	Chicken Bacon Ranch Wrap	Chicken Bacon Ranch Wrap	Chicken Bacon Ranch Wrap	Turkey & Cheddar	Chicken Bacon Ranch Wrap
SALAD		Chicken or Beef Taco Salad w/ WG Dinner Roll Strawberry Banana Greek Yogurt Smoothie w/ Graham Crackers			

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Available Everyday:

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**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken, Chicken Caesar Salad

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# September 2024

## MIDDLE SCHOOL LUNCH MENU

September 23- September 27

Powering potential.

ENTREE

GRILL

PIZZA

DELI

SALAD

	MON	TUES	WED	THURS	FRI
ENTREE	WG Pasta Bar w/ Bolognese or Marinara Garlic Bread Green Beans	Chicken Soft Tacos Fiesta Rice Campfire Pinto Beans	French Toast Sticks Turkey Sausage Tater Tots	Country Popcorn Chicken Bowl Roasted Broccoli Dinner Roll	Chicken Dumplings WG Fried Rice Roasted Carrots
GRILL	Bacon, Egg & Cheese on a biscuit	Cheese Quesadilla	Chipotle Beef Burger	Cheese Stuffed Breadsticks w/ Marinara Sauce	Pepperoni Pizza Bagel
PIZZA	Chicken Parm	BBQ Chicken	Bacon Onion	Pepperoni	Fiesta Pizza
DELI	Italian Combo	Italian Combo	Italian Combo	Italian Combo	Italian Combo
SALAD	Mediterranean Chicken & Orange Salad w/ WG Dinner Roll Apple Orange Smoothie w/ Graham Crackers				

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**GRILL:** Hamburger, Cheeseburger, Grilled Cheese Melt

**PIZZA:** Cheese

**DELI:** Sunbutter & Jelly, Turkey & Cheddar Sandwich

**SALAD:** Garden Salad with & without chicken, Chicken Caesar Salad

All Lunches must include a fruit and/or vegetable & may include:  
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